



CDR

Camp Deeny Riback

JCC MetroWest

“A Summer of Fun – A Lifetime of Memories”

PARENT MANUAL - 2016

This manual contains information and answers to most questions you may have about our camp program. Our goal is to provide a safe and rewarding summer filled with fun and friendship. Through pro-active communication, we join together to provide our children with an enriching experience and create memories to last a lifetime.

JCC MetroWest Camp Deeny Riback is “Dedicated to Excellence in Camping.”

Camp Deeny Riback
208 Flanders-Netcong Road
Flanders, NJ 07836
973-929-2901
973-463-3998 (Fax #)

Cooperman Family JCC
West Orange, NJ 07052
973-530-3400
973-929-2901 (Camping Services #)
973-736-6871 (Fax #)

CDR Email: camps@jccmetrowest.org
CDR Website: www.cdr.jccmetrowest.org
JCC Website: www.jccmetrowest.org

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1. FOR YOUR INFORMATION

A. MISSION STATEMENT:

Camp Deeny Riback is an integral component of JCC MetroWest, and provides a safe, fun-filled, Jewish day camp experience for each of our campers. Through innovative programming our campers are encouraged to build new skills, learn to problem solve and improve self-confidence. Within the safety of our program, campers gain an appreciation of our rich Jewish heritage and their place in our Jewish community. Our goal is to enable each camper to grow in an atmosphere that promotes integrity, self-esteem, positive values & good sportsmanship.

B. CDR GOALS AND OUTCOMES:

- (1) **The Camper Comes First.** Our activities & facilities are for the benefit & enjoyment of our campers. Providing quality involvement in a safe environment is the primary goal of the staff.
- (2) **Each Child's Importance Must Be Recognized.** We must do everything we can to make each child feel special.
- (3) **Every Camper Is Someone's Son or Daughter.** We expect absolute fair treatment for all campers, as we would want for our own children, brothers or sisters. No Favoritism.
- (4) **Every Child Is Expected To Participate.** Everyone is expected to participate. Campers should be encouraged to try their best through positive reinforcement no matter their ability.
- (5) **Competition Is Second to Good Sportsmanship & Fun.** The primary goal of our athletic program is for campers to have a good time. The 2nd goal is to teach good sportsmanship & respect for others. The 3rd is to teach new skills while improving old skills. An important part of camp is teaching a child to be a good person. This life skill can be reinforced on the ball field.
- (6) **Fun & Happiness Are Second Only to Safety.** Staff is responsible to ensure that all children are safely cared for & fully supervised. Emotional safety is equally as important as physical safety.
- (7) **Incorporate core CDR values into everyday camp life.** CDR's core values are:
 - o **Sportsmanship** – camp activities may have 1st, 2nd, 3rd, place acknowledgements so campers can practice being a good sport.
 - o **Fun** – camp activities are centered on enjoyment, so campers can develop life-skills while having fun & gaining confidence.
 - o **Friendship** – campers will be introduced to others they may not typically meet on their own, so they can practice the importance of accepting people for who they are.
 - o **Community** – campers will engage in various community service projects so they can practice the importance of giving back.
 - o **Tzedakah** – campers will engage in various acts of charity so they can practice the feeling of personal sacrifice for a greater benefit.

C. AMERICAN CAMP ASSOCIATION (ACA)



The ACA is a non-profit, non-sectarian organization committed to enhancing the quality of the camp experience and dedicated to promoting high standards in organized camps. ACA is the only national accrediting body for all types of camps. CDR proudly displays the logo of the American Camp Association. This logo assures parents that Camp Deeny Riback complies with up to 300 health, safety, and program quality standards. An ACA-accredited camp shows that our camp is committed, credible, & accountable for our actions.

D. SESSION DATES

Full Season: June 27 - August 19
Session I: June 27 - July 22
Session II: July 25 – August 19

E. CAMP DEENY RIBACK SUMMER THEME:

Oh the Places We'll Go

Week 1-Community-Kehillah
Week 2-Respect-Kavod
Week 3-Friendship-Chaverim
Week 4-Charity-Tzedakah
Week 5-Family-Mishpacha
Week 6-Spirit-Ruach
Week 7-Repairing the World-Tikkun Olam
Week 8-Fun-Kef

2. CONTACTS & COMMUNICATIONS

A. ADMINISTRATIVE CONTACT NAMES

Camp Director:	Julie Perlow
Assistant Camp Director:	Ben Gilbert
Registrar	Debra Scher
Business Manager:	Lauren Morris
Transportation:	Jeff Reiss
Health Care Director:	Stacy Damato, RN
Pool Supervisors:	Narkiss Sternberg
Inclusion Coordinator	Becca Wanatick
Specialist Supervisor	Caryn Badian

B. CAMP DIVISIONS & LEADERSHIP STAFF

PRE K-1ST GRADE: "JUNIOR VILLAGE"

Junior Village Unit Leader:	Lori Brooks
Junior Village Unit Leader:	Michelle Seelenfreund

2ND - 4TH GRADE: "MIDDLE CAMP"

Middle Camp Unit Leader:	Josh Solomon
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5th-8th GRADE: "UPPER CAMP"

Alufim Unit Leader:	Kelly Maiello
Giborim Unit Leader:	Josh Allen
Maccabi (Gr. 3-8) Head Coach:	Emily Einhorn

LEADERSHIP IN TRAINING: (9th - 10th Grades)

LIT Coordinator:	Dina Miller
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C. CAMP COMMUNICATIONS

COMMUNICATING WITH CAMP

- **Camp Main Office: 973-929-2901**
- **Camp Email: camps@jccmetrowest.org**
- **Camp Fax: 973-463-3998**
- **Website: www.cdr.jccmetrowest.org**
- **Camp Office Hours: 8:00am - 6:00pm (during camp sessions)
9:00am-5:00pm (Sept. - June)**
- **An Administrative Staff Member will be available in the Camp Office as of 7:15am during the camp sessions.**
- **We request that general phone calls to camp should be made between 10:00am & 3:00pm. Our phone lines must be kept open at other hours for transportation communications.**
- **Please leave a message for your camper's Unit Leader to ask questions or discuss concerns about your child.**
- **Unless your call is an emergency, calls are returned at the end of the day.**

COMMUNICATION IS A WONDERFUL TOOL: LET'S USE IT JOINTLY TO PROVIDE OUR CHILDREN WITH A SAFE, NURTURING & POSITIVE CAMPING EXPERIENCE.

Pro-active communication from both camp & home helps to ensure a successful summer experience. Each day, counselors complete a Daily Report about all campers in their group. Through this report, we track concerns & accomplishments. You will receive calls throughout the summer from your Unit Leader to communicate your child's progress. Calls may be made to inform you that your child hit a home run or passed a swimming level. A call will also be made to inform you of a behavior concern or incident that has happened. These calls are our attempt to inform, brainstorm, & work cooperatively with our parents to ensure a successful camp experience for your child.

It is of equal importance that parents are pro-active in communicating with camp. We love receiving positive calls for the great things we do, but we also need to hear from you with concerns you may have. We cannot address a situation we do not know about.

****We want to hear from you during the summer! We cannot address or correct your concerns once camp is over****

3. IMPORTANT FORMS

Prior to the start of camp we must receive the following forms. Thank you in advance for returning all in a timely manner ensuring our ability to accurately organize all files for a successful summer experience.

A. MEDICAL FORM: (available on our website)

Youth camp regulations require that all campers submit a completed & doctor signed medical health form.

WE MUST HAVE YOUR CHILD'S MEDICAL FORM ON FILE OR YOUR CHILD WILL NOT BE ADMITTED ON THE CAMP GROUNDS.

Check for additional information regarding medications in the Camper Health & Well-being section of this manual.

B. IMPORTANT EMERGENCY ALERT # FORM: (available on our website)

Please be sure to complete the Emergency Alert # Form (1 # per family) with the best phone number to reach you in case of an ALL CAMP emergency. We hope that we will not have to implement an **All Camp Emergency** action plan, but it is best to be prepared in case of this type of emergency.

C. CAMPER PROFILE FORM: (available on our website)

This form gives us personal information about your child's interests, concerns, & any issues we should be aware of. The more we know about your child, the better prepared we are to ensure a positive summer experience. *In general – administrative & appropriate general staff members that have direct supervision of your child view this form.*

D. SWIM INTAKE FORM: (available on our website)

This form is reviewed by our Aquatics Director. Do not be concerned if you are unsure of your child's swim level. All campers are evaluated within their first two days of camp & placed in appropriate swim levels.

E. OPTIONAL GROUPING REQUESTS: (please e-mail with request)

Many factors are considered when determining camper groupings including sessions that campers are registered for, group dynamics, special concerns, the number of campers in each group and information we know and you may not.

- ✓ Campers must be in the same grade & requests must be mutual & in writing.
We must have written communication from both families in order to honor a request.
- ✓ We cannot honor more than TWO camper requests per group as this is often socially unfair to other campers placed in the group.
- ✓ We need to receive requests by June 8th.

We will do our best to honor all requests wherever possible, but **we cannot guarantee all requests**.

F. CAMPER DATA CONFIRMATION FORM: (was sent at time of registration)

This form confirms the accuracy of data needed to place your child in the correct group, confirm transportation needs and to note special considerations or concerns. After receiving your enrollment, this form was sent to you for your approval.

G. RELEASE APPROVALS: (Photo, Web, Address, Trip, & Overnight)

These authorizations were included on your camper enrollment application. Authorization to release camper information is needed so we can generate group contact lists for our campers, use of photos for promotional purposes & permission to participate in camp overnights & trips.

If you DO NOT give permission for these releases, please put this request in writing and send to the camp office before the start of camp

G. Camper Headshot

Please send a headshot of your camper to cdrcamperpic@jccmetrowest.org for inclusion in our camper database.

4. TRANSPORTATION

A. GENERAL POLICIES & GUIDELINES

Our top priority is that transportation is safe and efficient. During the 1st week of each session, please have your child **ready by 7:30am**. Expect some delays during the first few days of each session.

PLEASE be patient with initial delays. We are trying our best to provide you with prompt service.

- Each family will receive a **CDR "Bus Ticket"** roughly **one week** before their 1st day of camp with the Bus # & estimated pick up time.
- To receive a Bus Ticket your camp fee must be **paid in full** or you must have a payment plan in effect. We must have your camper's **medical form** signed by a doctor.
- This ticket also contains transportation procedures. If you pick up your camper before regular dismissal, please bring a photo ID to the camp office.
- Camper Absence: If your child is unable to attend camp, please call camp by 7:15am. Remember to put your *"Not Coming to Camp Today"* card on your door so the bus can continue on its route. You will receive this card from your bus counselor.
- **Because bus routes may need to be altered due to different camper enrollments, a route may have pick-up or drop-off time change.** If your bus times will be affected by more than 5 minutes or if we need to make a bus or staffing change, we will inform you of the change.
- We are very pro-active with communication at CDR. If we are aware of any issue that could cause a significant delay in our pick up or drop off times, we will inform you of the delay.
- Prior to the start of camp, our bus drivers & bus counselors practice runs of each route. Your Bus Counselor will either call you or stop by to introduce themselves to you after their route has been approved. You **DO NOT** have to be home during these practice runs.
- The camp day ends at 4pm & most buses depart by 4:15pm. Campers are estimated to arrive home within an hour.
- **Special Requests:** We are unable to transport your camper to destinations other than the agreed upon location.

B. OTHER IMPORTANT INFORMATION

- ✓ Bus drivers can only wait **one minute** for your child. **Please be ready!** If your child is late, it can throw off the timing for the entire route. This is not fair to other families on the route and the camp phones start ringing with parents wanting to know why the bus is late....
- ✓ If your child is not ready on time, parents may need to bring their child to camp.
- ✓ Children may not eat breakfast or bring glass bottled drinks on the bus.
- ✓ We will NOT leave a child at an empty home. If a parent is not home, the child will be returned to a JCC or CDR for parent pick-up.
If a camper is returned to CDR or a JCC, there will be a \$25 charge for this service.
- ✓ Empty home drop-off exceptions can be made for older campers. Inform the office in writing that your child is allowed to be left at an empty home.

C. PICK UP & DROP OFF LOCATIONS

Central Pick-Ups: Where to Meet the Bus, Cooperman JCC (West Orange)

Please drive at a slow and safe speed when entering the parking lots of the central pick-up points.

- **Cooperman JCC, West Orange Transportation:**
 - **For General West Orange AM Drop-off** Please drop your camper **by 8:15am** in the front driveway by the theater entrance steps. CDR staff will assist your camper from the car.
 - **For General West Orange PM Pickup** Please go to the rear of the building, drive through the second parking row, turn left & form a line in front of the south entrance. Make sure your Bus Ticket is displayed in the front windshield and a staff member will bring your child to your car.
 - **For West Orange AM Care Campers** Drop off your camper after 7:30am at the gym door entrance in the front area of the WO building. A CDR staff member will assist your child out of the car and to the area where AM care is being supervised
 - **For West Orange PM Care Campers** Line your car up in the front of the building, at the gym door. Make sure your "Bus Ticket" is displayed in the front windshield. This identifies you as an authorized guardian. Campers will not be released to an unauthorized person. We will bring your child to your car.
 - If you must park your car & come into the building, please park in the rear parking lot.

D. BUS COUNSELOR (BC)

Each bus is assigned a staff member that is designated as the "Bus Counselor" (BC) & is the liaison between the driver & the children. BC's participate in training covering bus safety, policies & procedures.

- BC's know that the camp day begins when your camper steps onto our camp bus.
- Daily bus activities are listed on the CDR calendar.
- We prefer to receive communication via email to help be "green" & to ensure that the message gets to the correct person. Make sure to include your camper's full name & group in all communications. If you send something in with the Bus Counselor, please also call us to confirm receipt. Please **DO NOT** send any communications or medication in your campers backpack. Please make sure to either communicate directly with camp or hand it to your bus counselor for bus mail.

E. BEFORE / AFTER CARE

Pre & post camp supervision is provided at CDR & the W. Orange & Whippany JCC locations. There is a fee for this service. Call the camp office to make arrangements for AM/PM Care.

- CDR: AM Care begins at 7:30am.
PM Care ends at 5:45pm.
- West Orange & Whippany JCC's:
AM Care begins at 7:30am.
PM Care ends at 6pm. (Fridays at 5:30pm)
- A **late fee** of \$5 for each 5 minutes or portion thereof after 6:00pm is due at the time of service & goes directly to the staff member.

F. MID-DAY DEPARTURE

If you need to pick your child up early, please email & call camp to confirm our receipt of the email. Call camp by 12 pm to ensure a smooth departure. Early dismissal must be done before 3:00 pm.

NO vehicles are permitted to enter camp between 3:00 & 4:00pm, as our attention is focused on bus departures. The driveway reopens as soon as the last bus departs.

5. CAMP HEALTH CARE INFORMATION

NO CHILD IS PERMITTED TO BEGIN CAMP WITHOUT A PHYSICIAN-SIGNED MEDICAL FORM

A. GENERAL INFORMATION

- A Health Care Professional is at camp each day. Our Health Care Staff review all medical records prior to camp opening. **It is important to inform us of all allergies & medical issues.**
- The Health Care Center is located next to the main office & handles minor illnesses & injuries. CDR has an affiliation with a local hospital & Camp Doctor. If a parent cannot be reached, emergency medical care shall be provided pursuant to the parental consent set forth in the medical form.
The Health Care Staff is available to discuss concerns you have about your child. Please do not contact counselors directly regarding medical matters.
- The Health Care Staff contacts parents for a head injury or other injury requiring medical follow-up.
- Many members of the CDR leadership team are Adult & Infant/Child CPR Certified & First Aid Certified. Many areas of camp have a trained CPR certified staff member present at the activity.
- Please check & be alert if your camper shows signs of red or irritated eyes, skin rashes, especially a rash that looks like an archery target circle, or complains of itchy scalp or discomfort around the ears (lice).
- Please apply sunscreen in the AM before coming to camp. Show your child how to put it on & send a labeled bottle to camp. Sunscreen is reapplied after swim.
- Sunscreen will be provided by CDR and available in Junior Village shelters, locker rooms, and the health center.
- Hats are recommended.

B. MEDICATIONS

You can send medications to camp by giving them to your BC or bringing them to the camp office. **PLEASE DO NOT SEND IN ANY MEDICATIONS IN YOUR CAMPER'S BACKPACK.** Call & confirm that we have received the medication. Camp will secure & store all medications.

All medications must be in properly labeled, **original containers**, with a note specifying dosage, time, frequency, anticipated treatment duration & dispensing directions. **Pharmacy labels are required on all prescription medications.**

FYI: You can request two containers from the pharmacist. Please supply sufficient amounts of medication to remain at camp. We will not send medications back & forth each day. At the end of the summer we discard all meds or if requested, we send home unused medications.

- The Health Care Staff is authorized to administer medication by your signed medical form.
- Non-prescription medications such as Tylenol & Advil will be administered ONLY with written authorization. The medical form has an area giving this permission.
- If you give medication to your child before coming to camp, please inform Camp. This ensures that there will be no overmedication if a standing order exists.

C. CAMPER HEALTH & WELL-BEING

• We ask your cooperation in order to provide a camp environment that promotes good health. The following guidelines outline the average times & conditions under which an illness may be communicable. If you have any concerns, please consult with your physician.

- If you are unsure if your child is well enough to attend camp, the best decision is to stay home.
- **PLEASE** do not send your child to camp if they do not feel well in the AM. Colds & other illnesses are often contagious & can spread easily. If we feel a camper should not stay at camp, parents will be called. At the discretion of our Health Care Staff, an ill camper will not be allowed to go home on regular transportation. A parent must come to camp & pick up their child. Keep emergency names & numbers up to date & notify Camp if you will be out of town.
- **COLDS** – it is impossible to clinically determine a specific virus causing a cold. The period of infectiousness of cold viruses range from 1 to 3 days. The safest choice is to wait 3 days after your child contracts a cold before returning to camp.
- **BACTERIAL CONJUNCTIVITIS (PINKEYE)** Once antibiotic treatment has started, bacterial conjunctivitis is not generally communicable. However, a 2nd type of conjunctivitis associated with viral infection is highly contagious for several days. Consult a doctor before returning to camp.
- **STREP THROAT** – 24 hours after antibiotic treatment has started, the child is no longer considered communicable. However, children often don't feel well enough to participate in camp after the 24-hour period. Please keep this in mind.
- **FEVER** – after any infection with a fever over 100 degrees, a child should remain at home, without fever for 24 hours. During the early morning hours, a fever will often register as normal, rising again later in the afternoon.
- **VOMITING/DIARRHEA** – a child suffering from vomiting or diarrhea should be given time to regain their strength before returning to camp.
- **COUGHS** – families should be sensitive to the cause of the cough order to decide whether or not to attend camp.
- **Lice** – CDR & the JCC follow a “**NO nits**” policy. Further information is on our website.
- **H1N1, Coxsackie, Ticks, Lyme, & Ringworm** Details on policies regarding these medical conditions are on the CDR website.

D. STAFF TRAINING RE: CHILD ABUSE

In the CDR Staff Manual & throughout our Staff Training, the CDR administrative staff provides training on abuse signs, prevention, & detection.

If mental, sexual, or physical abuse is suspected, it is our moral duty to report these concerns to the Camp Director & Health Care Director. CDR is legally responsible to file an official report in accord with state child abuse reporting laws & in compliance with the JCC's policies if abuse is suspected.

Information found during this procedure is strictly confidential. Information is not discussed with campers, staff, or other persons, except to complete a proper assessment or to arrange an intervention.

6. GENERAL INFORMATION

A. PARENT VISITATIONS

The safety of our campers is our first priority. For reasons of security & to avoid disrupting the daily program, we do not offer full unit visitation days for 2nd grade & up, but you are always welcome to visit camp.

- ✓ Visits may be made on Tuesdays through Thursdays, between 10am & 2:30pm. Due to special events, we ask that you call to arrange your visit.
- ✓ Camp Visitors check in at the camp office & are always to be escorted by a staff member.

JUNIOR VILLAGE FAMILY VISITATION:

We offer a special afternoon visitation for our Pre-K, K, & 1st Grade families. The visitation date is on the camp calendar, available on our website.

B. CLOTHING FACTS

- The camp bag should include 2 swimsuits, 2 towels, & a plastic bag for wet clothing. Swim is 2x each day. Many parents send campers in a swimsuit with shorts in the AM. After the 1st swim, your child changes into the 2nd swimsuit. After the 2nd swim, campers change into their shorts. **Don't forget to put underwear in the camp bag!**
 - Attire should be comfortable & able to withstand abuse.
 - Campers should wear shorts, T-shirt, socks & sneakers.

SNEAKERS must be worn every day

- Water shoes are optional for campers in 2nd grade & higher who are scheduled for Lake.
- Pre-K, Kindergarten and 1st graders may wear water shoes when walking to the pool area.
- **Always pack swimsuits!** Often, a rainy morning is followed by a sunny afternoon.
- **Rainy days** can be chilly at camp. We often wrap campers in towels because they do not have a sweatshirt. We suggest you send an old sweatshirt, sweatpants & extra pair of socks to be left at camp.
- It is recommended to send a plastic bag to put all wet items in before they go into the backpack at the end of the day.
- DO NOT send your child's favorite clothes to camp. Getting dirty is part of the camp day.
- Campers must wear CDR shirts on trip days.
- Every camper receives a complimentary CDR T-shirt. Additional T-shirts & other CDR clothing are available for sale through the camp office.

C. LOST AND FOUND

Please label every item! – **including shoes, hats, sunscreen, towels, & water bottles**

- On a daily basis, labeled items are sorted and returned. Please check that items brought home have your camper's name on them. If an item does not belong to your camper, please return it to camp.
- Your camper should bring home their camp bag each day. Wet items should not be left at camp.
- Camp is not responsible for lost or damaged personal items. **WE RECOMMEND THAT ALL VALUABLES BE KEPT HOME.**
- At the end of the summer all unclaimed & unmarked clothes are sent to a charitable organization

D. WHAT NOT TO SEND TO CAMP

- ✓ Electronic games, iPods, expensive/favorite possessions, cell phones, jewelry or money.
- ✓ Cigarettes, Drugs, Alcohol, Weapons or any other illegal substances.
- ✓ Food
- ✓ **Gum is not allowed in camp.**

Camp will not assume responsibility for lost, damaged, or stolen possessions. In general, Camp will supply all equipment needed for activities.

E. EXTENSIONS & REFUNDS

If you would like to **extend** your child's summer camp experience, simply call the camp office and notify us of how many weeks you would like to extend. We will confirm group openings & transportation availability & will notify you as soon as possible. Fees for extensions must be paid in full before the extension week starts.

CDR will make every effort to help each child adjust to the camp program.

- ✓ Refunds are pro-rated ONLY for Pre-K & Kindergarten campers. ***These campers may switch to our Mini Camp program at the JCC if there is availability.***
- ✓ **If a child is abusive/ inappropriate, the camper may be excused from the camp program without refund.**
- ✓ Once the camp season begins, NO refunds are given.

F. FOOD FACTS

The master calendar will include the daily lunch choices. In addition to a main entrée, we offer a full salad bar.

We are extremely conscientious about allergy-related issues. You **MUST** NOTIFY the camp office if your camper has any food concerns.

- **CDR is NUT SENSITIVE.** To the best of our ability, every effort to be nut-free will be attempted. A *sunflower-based spread will be available in lieu of peanut butter.*
- Water & juice are provided daily.
- SNACKS - Campers enjoy a daily afternoon snack. On Fridays, juice and Challah are served.
- OUTSIDE FOOD: If your camper has special health-related issues & they must bring their own food, all food must be kosher. If you send food, please mark the bag clearly with camper's name & if appropriate - label with medical note such as lactose intolerant.
- Our camp is kosher. Our Cooking Specialist ensures that programming reflects lunch choices. If a meat lunch is served, cooking will offer a pareve (non-dairy) activity.

G. CAMPER BIRTHDAYS

All camper birthdays occurring during the camper's attendance at camp are celebrated with recognition at Boker Tov and a special snack for the camper's group

H. JCC CAMP GADOL VISITATION

CDR provides a summer visitation opportunity for our JCC Camp Gadol campers. This is an opportunity to provide a "Big Camp" experience to these campers. The Camp Gadol Calendar provides the visitation date for your reference.

I. CAMPER GUEST POLICY

Campers may not bring friends to camp. Insurance regulations require us to adhere strictly to this rule. There will be a "Rookie Day" during the summer. This is a special camp day when prospective campers; siblings, friends or other are invited to participate in the activities, spirit, fun and excitement of CDR.

J. STAFF APPRECIATION POLICY:

"TIPS" ABOUT "TIPS"

How you say thank you is a very personal and subjective decision. Our policy is to recommend that you follow the **Golden Rule** and "Do unto others as you would have them do unto you." Our summer staff is composed of high school, college and graduate students, as well as teachers and coaches from our local school systems. Enough said! It is always nice to say thank you for a job well done. The question to be asked is, "How well was the job done?" Some people do an acceptable job, some do a great job, and we hope that the Camp Riback Staff does an AWESOME job! If a bus counselor, group counselor, swim instructor, or other staff member has significantly impacted your child's summer experience – a "thank you" is always a nice expression of appreciation.

K. FEEDBACK

As parents, your feedback is vital to our continued growth and success. Information you learn from your campers can only help us if it is shared. We will periodically ask for feedback. Please call us at any time if you have suggestions for improving our program.

L. JCC CAMP COMMITTEE

The CDR Camp Committee is comprised of lay persons, and are the eyes and ears of our camp, providing a vital link between the community and administration. Accountable to the JCC Board of Directors, the committee is responsible for suggesting policies, developing new programs, and monitoring services.

If you are interested in serving on the Camp Committee, please contact the Director of Camp Deeny Riback.

M. CAMPER ACKNOWLEDGEMENT

CDR believes in the importance of acknowledging campers who reach different goals & outcomes, whether they are programmatic or personal. CDR publicly acknowledges campers for fulfillment of camp's personal outcomes or actual activities as often as possible

7. PROGRAMMING

A. CAMP STRUCTURE

Camp Deeny Riback is divided into three divisions:

- Junior Village (Pre K, K & 1st Grade)
- Middle Camp (2nd, 3rd & 4th Grades)
- Upper Camp (5th/6th, 7th/8th Grades)
- LIT (9th & 10th Grades)

JUNIOR VILLAGE is geared to the needs of our youngest campers. All programming and activities are designed to enhance their skill level and self-esteem. Experienced and nurturing staff is placed as the supervisors for these youngsters. These campers participate in parent visitations as well as specialized programming & events.

MIDDLE CAMP is geared to suit our growing campers' needs. "Graduation" to our big camp program includes the high ropes course, Mt. bikes trail, and full sized fields. Starting in 3rd grade, campers may select one "chug" (elective) choice per afternoon. Being a part of Middle Camp also means one late stay (2nd grade) or overnight (3rd & 4th), and one off-site trip!

UPPER CAMP provides freedom of choice & growth. "Maccabi" campers have a schedule comprised mostly of sports including weekly sports clinics. They will also have the opportunity of a choice period. "Alufim" campers have more scheduling options as they travel weekly & have the flexibility to make their own program choices during the day. "Giborim" spend most of their day choosing program options. As the oldest campers, they spend their days involved in fun activities, leadership development, exciting trips & more. Several day trips & multi-day trips are planned. For both programs, trip dates & itineraries will be provided in advance, along with pick-up locations for late returns or overnight trips.

(L.I.T.) LEADERSHIP-IN-TRAINING PROGRAM

A CDR L.I.T. is a teen that is ready to make the transition from camper to staff. LIT's develop leadership skills and gain hands-on experience working with campers. LIT's may be assigned to assist in camper groups or assist specialists. LIT's have weekly meetings with our LIT supervisor, and join their assigned groups for late stays, trips and overnights. Successful completion of the **8-week program** provides entree to apply for JCC jobs throughout the year and, for our 10th grade LIT's, a potential offer for a Junior Counselor position for the following camp season.

B. "CAMP FRIENDS" - SPECIAL NEEDS INCLUSION PROGRAM

CDR is committed to serving all children, regardless of ability. This Special Needs Program is designed to meet the needs of individuals with social, emotional, intellectual and physical challenges. These campers are mainstreamed into the camp program and assigned a "Shadow Counselor" for appropriate supervision. Spaces are limited and a personal interview is required for acceptance and placement.

C. GENERAL CAMP ACTIVITIES

Camp activities vary between 30 and 60 minute blocks depending on the activity. Campers move as a group to each activity. Each day includes 2 waterfront periods (special event days may only include one waterfront period). Other weekly activities may include cooking, sports, nature, arts & crafts, music, dance, drama, ropes, gymnastics, Mt. Biking, video lab, Deeny Tech, tennis, and archery.

D. CHUGIM – ELECTIVE CHOICE PERIODS

Campers entering 3rd & 4th Grade are offered one "Chug" (choice period) and 5th – 8th Grade are offered two "Chugim" each week. Chug choices run Monday through Friday for one hour each day.

E. AQUATICS & WATERFRONT PROGRAMS

Each day includes two waterfront periods (special event days may only include one waterfront period). The AM swim is primarily instructional swim and the PM swim is a free swim. Swim instruction is based on The American Red Cross Program. Campers are tested & placed into swim groups based on ability within the first two days of each camp session. Campers are expected to swim every day unless you send notification otherwise.

During extremely hot days, we curtail field activities and add an extra swim period into the schedule. This allows our campers more time involved in water activities & helps us to prevent heat-related problems.

POOL CLOSING Occasionally the Aquatics Director may close the pool due to lightning, camper illness or accidents. If a pool closing does happen, other activities will be provided.

Our **Waterfront Lake program**, located off the camp site on Budd Lake, is offered to 2nd grade and above.

Campers must pass a deep-water test and participate in a safety program in order to take part in certain activities. Campers participate in Lake Activities such as canoeing; row boating, paddle boats and being pulled on a tube. For campers in 3rd Grade and higher, please pack a pair of water shoes/old sneakers to be kept in camp.

F. BOKER TOV is the “Good Morning” introduction to the camp day. Every morning, the entire camp runs a morning meeting to begin their day. Special accomplishments are acknowledged, birthdays are celebrated, guests come to visit, there may be a weekly theme, and daily camp information is shared.

G. Erev Tov is the “Good Evening” part of the day. Campers gather together for a camp snack, to hear highlights and accomplishments of the day, updates for the following day and for a final farewell of the day.

H. KABBALAT SHABBAT Each Friday, we participate in a Kabbalat Shabbat ceremony by lighting Shabbat candles, saying blessings over juice, and eating Challah.

The MOTZI is the traditional prayer said before meals:
BARUCH ATAH ADONAI, EIOHENU MELECH
HA OLAM HA MOTZI LECHEM MIN-HA-ARETZ. AMEN.

I. RAINY DAYS

Our philosophy is that a rainy day is a sunny day indoors. Our specialists have prepared AWESOME rainy day activities. There will be special indoor group activities. We believe that on most rainy days campers can still enjoy the outdoors if they are properly dressed. When it looks like rain, send a sweatshirt and/or raincoat. Also send your camper’s normal camp bag. Many rainy days turn into beautiful days!

J. LATE STAYS

Our 1st and 2nd grade campers are offered special CDR “Late Stays” On these evenings, parents are asked to pick up their campers at a JCC or Camp. Please refer to the camp calendar for the specific dates. More info will be sent prior to the event.

K. OVERNIGHTS

3rd - 8th grade campers are offered a CDR Overnight Experience. Overnights include an after camp swim, and special activities. Campers enjoy a special “CDR Dinner.” The next day, campers return to regular programming after feasting on a “CDR Breakfast.” Additional information will be sent to you prior to the overnight with more information.

L. OFF-SITE TRIPS

Parents will be notified when campers will be traveling off camp grounds. You will be informed if your camper will be coming home on regular busing or coming home later in the evening. Trips that return later will require campers to be picked up at a JCC or Camp. When traveling offsite, all campers and staff **MUST** wear the official Camp T-shirt.

M. CDR CAMP PLAY

Our campers in grades 3 and higher rehearse and perform in a CDR play. Parents and other campers are invited to the special evening performance at the Maurice Levin Theatre at the Cooperman Family JCC.

N. SHLICHIM (Israeli Staff)

Staff from Israel joins the CDR family for the summer and to make their experience rewarding, we offer our camp families the opportunity to host a Shaliach. The hosting commitment is for a four or eight week period. Our Shlichim are approximately 20 years old and your hosting gives them a home away from home. Campers in hosting families feel a special closeness to their “adopted sibling.” If you would like to host a shaliach this summer, please contact the Camp Office.